

Block 1.4: History & Methods of Psychology

Introduction Lecture

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Is psychology a real science? Why do we need psychology?

History of Psychology

- How did psychology evolve?
- What are main figures of modern psychology?
- How did the study of mind and behaviour develop through the ages?
- How did psychology become a real science?
- How did psychology as a discipline develop since the 1870's until now?

Four Main Topics

1. History of Psychology
 - 1a: Establishing Academic Psychology
 - 1b: Disciples & Schools of Psychology
2. Philosophical Roots of Psychology
 - 2: Mind-Body
3. Philosophy of Science
 - 3a: What is Science?
 - 3b: Philosophy of Science

Why shall I care about Philosophy and History of Psychology?

Professional Stance

Understanding

- psychology as a scientific discipline
- psychology as a profession

Raised Topics

- History of psychology
- Conceptual & methodological issues of psychology

Philosophy of Science / Methods of Psychology

As a professional psychologist you should know the rationale behind doing scientific research.

Understanding psychology as a scientific discipline:

- Is psychology a science or pseudoscience? And why?
- Philosophy of science
- Problems of scientific psychology, Replication crisis
- Do we really need psychology (if we have e.g. Neuroscience)?

Learning Resources

- Canvas
- Course Manual

Activity

1. Self-Study
2. Lectures
3. Tutor group meetings
4. Canvas Discussions

9

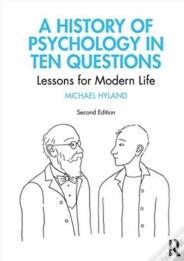
Examination

- 40 multiple choice items
 - based on problems and lectures
 - typically enough time
 - sample questions will be provided during the course

10

First tutorial meeting

Don't forget to prepare the first tutorial meeting



11

① Required Reading

- Hyland (2024), Chapter 2: *How psychology joined the science club*.

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Questions?

12

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